



USS STAR LEAGUE
STARFLEET INTERNATIONAL
REGION ONE

HAILING FREQUENCIES

F E B R U A R Y 2 0 2 3

Center Seat



Greetings crew: First a moment to say thank you, while I cannot call names due to privacy rule, I want to assure that everyone's efforts on behalf of recent events have been noted and appreciated! Our chapter focus on fun and friendship through fandom, and we do this very well! What we also do though we strive to inspire as well! Events like our upcoming "The Future Begins Now" speaks to your dedication to the classic phrase "Let Me Help". Thank You one and all for your efforts in making this event and so many others over the years a reality.

Now I must ask once more for you to be of service: This a a very public event and we need your help to represent our chapter, to do what you do best, to show that fandom can inspire and lift people up! If possible, please attend, if you can come in uniform or crew shirt even better. We need help guiding people to the proper room, manning the craft table etc. Please let us know if you can come, so we can plan accordingly. When we have the chance to inspire others, they can lift others up and like in Star Trek the stars become within reach.

We also have other big things planned, but as always, they depend on you, to guide us, to inspire and to be a part of this group of friends brought together through a love of trek, but who are also so much more!

Closing thought: There are days when the CO feels his age, not ready for the airlock yet, but our recent trip to the museum reminded me of how far we have come, how many adventures this chapter has had over the decades we have been together, and I realized that some days I am not always at my best. On those days I depend on you to be at yours. Some days I need your patience more than others, I am proud to lead the chapter and call each of you friends!

Carnell



Region One 2022 Annual Awards nominations have been sent to the judges.



Accepting Applications for Region One RDC Security

I'm posting a little of what it says in RDC handbook

The RDC of Security and Tactical is a resource for all things security and tactical in the region. The RDC's primary focus should be on matters of Public Safety. The RDC of Security should know a thing or two (but ideally be the

Region's expert) in the area of Convention Security. The RDC should be encouraged to take the SFA courses on Convention Security and in turn, encourage the Chapter POCs and other interested members to do the same. One last thing, the RDC of Security should be willing to accept the position of Chief of Security for the Regional Summit, or similar regional events.

Applicants must be a member in good standing of STARFLEET.

Be a Member of a Region One chapter or chapter in training.

Must be organized. Must have daily email and internet access.

If Interested please submit a real life and SFI resume to RC Phillip Cox rc@r1.sfi.orgAA



Accepting Applications for R1 Webmaster

Skills needed Proficiency in WordPress.

Is SFDPP compliant

Applicants must be a member in good standing of STARFLEET. Be a Member of a Region One chapter or chapter in training. Must be organized. Must have daily email and internet access. If Interested please submit a real life and SFI resume to RC Phillip Cox rc@r1.sfi.org

Applications are being accepted for R1 RDC Program Director.

I'm quoting what the RDC handbook says.

Applicants must be a member in good standing of STARFLEET.

Be a Member of Region One chapter or chapter in training.

Has passed OTS and OCC

Must be over 21 years of age. Must be organized. Must have daily email and internet access.

The purpose of the R/1 RDC Program is to open communication between ships in the region. The RDC program hopes to have some sort of correspondence with the Department Chiefs (or designated contact people) on the various ships within the region. For more info what it entails you may contact me at pan_gia@hotmail.com

If Interested please submit a real life and SFI resume to RC Phillip Cox rc@r1.sfi.org

Region One Communications Department would like to receive articles from all the chapters of the region!

First Quarterly dead line is February 15, 2023,
Second Quarterly dead line is May 15, 2023,
Third Quarterly dead line is August 15, 2023,
Fourth Quarterly dead line is November 15, 2023
And a Holiday Edition dead line of December 13, 2023

Send to R1Comms@r1.sfi.org



Cooking with Neelix

Asparagus Casserole



- 3 tablespoons unsalted butter, divided
- 1/2 cup panko breadcrumbs, preferably whole-wheat
- 3 pounds asparagus, trimmed and cut into 2-inch pieces
- 1 tablespoon garlic, finely chopped
- 2 tablespoons all-purpose flour
- 2 cups whole milk
- 5 ounces cream cheese
- 1/2 cup part-skim mozzarella cheese, shredded
- 1 teaspoon salt

- Preheat the oven to 450 degrees F.
- Bring a large pot of water to a boil over high heat.
- Set a large bowl of ice water near the stove.
- Melt 1 tablespoon of the butter in a small microwave-safe bowl in the microwave, about 30 seconds.
- Stir the panko breadcrumbs into the melted butter.
- Cook the asparagus in the boiling water until they are bright green, about 1 minute.
- Drain the asparagus and transfer them to the ice bath to shock them.
- Let the asparagus cool for 5 minutes before draining and patting them dry.
- Arrange the asparagus in a 9x13-inch baking dish.
- Heat the now-empty pot over medium-high heat.
- Add the remaining butter to the pot and stir until it has melted.
- Add the garlic to the butter and cook, stirring, until it is fragrant, about 1 minute.
- Add the flour to the butter mixture and cook, while stirring, for 30 seconds.
- Gradually whisk the milk into the mixture and bring it to a boil, while whisking constantly.
- Continue cooking and whisking the mixture until it thickens, about 5 minutes.
- Transfer the pot from the heat and stir in the cream cheese, the mozzarella, and the salt.
- Pour the cheese sauce over the asparagus and stir to coat.
- Sprinkle the panko breadcrumb mixture on top of the asparagus mixture.
- Bake until the asparagus are tender, about 12-15 minutes.

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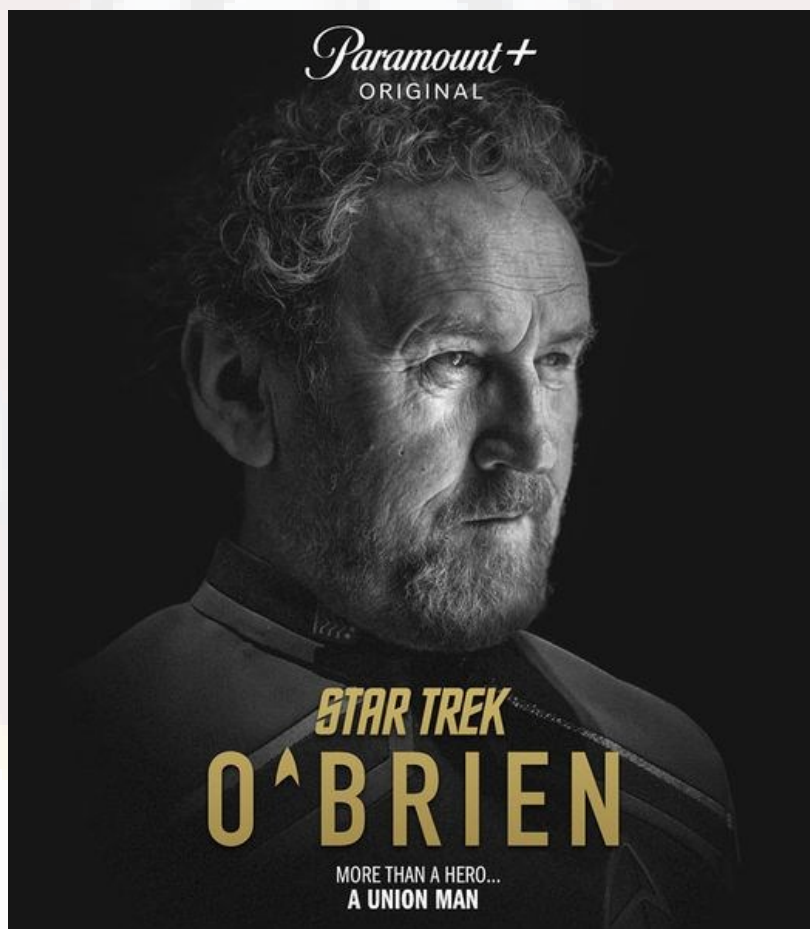


Exclusive: Henry Cavill Eyed For *Star Trek 4*



Kal-El may have stayed on Earth, but if Paramount has its way, *Man of Steel's* star will be making it back to the stars. Our [trusted and proven sources](#) tell us the studio wants Henry Cavill for the long-delayed *Star Trek 4*. We don't yet know exactly who the former [DC Studios](#) star would play in the Kelvinverse flick, but we have at least one very intriguing thought on that score.

Henry Cavill's time as Superman and as *The Witcher's* Geralt of Rivia has most of us thinking of him as a good guy, but for *Star Trek 4* we're thinking [Paramount](#) wants him as the bad guy. Trek has a long history of actors delivering stand-out performances in their films, even in the not quite as well regarded movie entries; e.g. F. Murray Abraham in *Star Trek: Insurrection*, Tom Hardy in *Star Trek: Nemesis*, and Malcolm McDowell in *Star Trek: Generations*. Not to mention that, assuming the Kelvinverse flicks mean to stick to the same crew as the original series, there's really no one left for him to play in the Enterprise's senior crew.



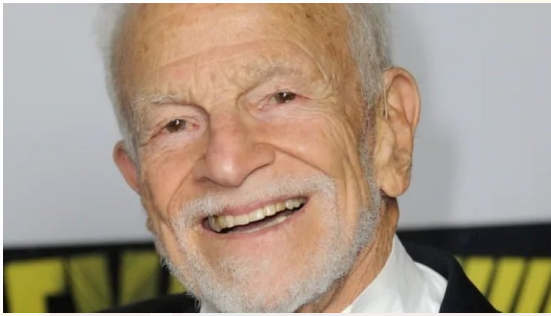
T R E K N E W S



Star Trek: Picard's LeVar Burton Proudly Shares



Star Trek Composer Gerald Fried Dies at 95



FEBRUARY 20, 2023 – His career was so wide ranging and prolific, it might be difficult to say what he is best known for, but *Star Trek* composer Gerald Fried has died at the age of 95.

According to [Variety](#), the “prolific Fried scored approximately 40 films, some three dozen TV-movies and mini-series, and episodes of another 40 TV series during a career that spanned more than six decades.”

Star Trek fans will recognize Fried’s music in the fan-favorite season two episode of *Star Trek: The Original Series*, “Amok Time,” including “The Ritual/Ancient Battle/2nd Kroykah,” which is heard during the *koon-ut-kal-if-fee* fight scene between Kirk and Spock. He scored other episodes, including “Shore Leave,” “Cat’s Paw,” “Friday’s Child,” and “The Paradise Syndrome.” Fried explained his approach to his *Star Trek* music in an [interview with the Television Acade-](#)

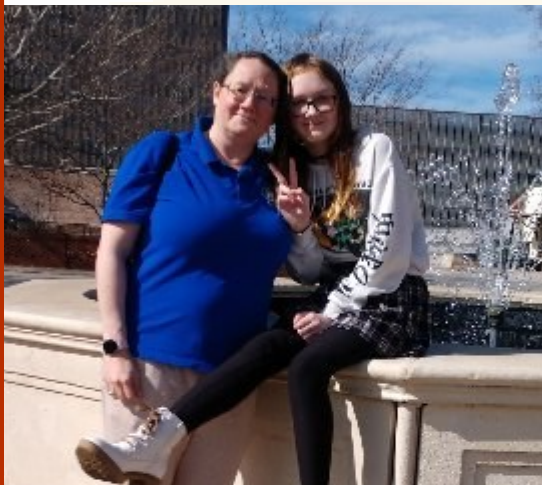
ANNIE WERSCHING, STAR TREK: PICARD’S BORG QUEEN, DIES AT 45



Wersching’s history with the Star Trek franchise dates back to 2005 when she played Liana in the *Enterprise* first season episode “Oasis”. In addition to her work on Star Trek, her credits also include major roles in *The Vampire Diaries*, *Runaways*, *Extant*, *Timeless*, *Bosch*, and *The Rookie*.

Fun at the Augusta History Museum

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PRESENTED BY THE USS STAR LEAGUE

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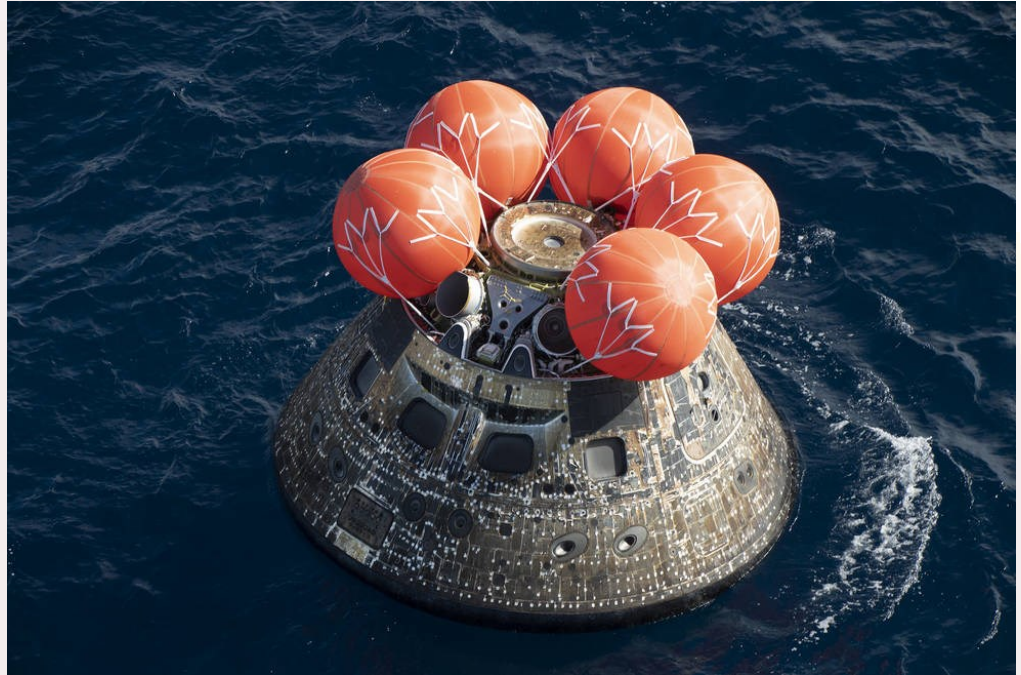
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Crew all hands on deck. Please join us for this great Opportunity. Come in uniform if you have one, if not a crew shirt will be fine.

NASA to Discuss Findings from Successful Artemis I Moon Mission



NASA will hold a media teleconference at 12 p.m. EST Tuesday, March 7, to provide an update on data analyzed thus far on the agency's [Artemis I](#) Moon mission, the first integrated flight test of the agency's Space Launch System (SLS) rocket, uncrewed Orion spacecraft, and associated ground systems.

Audio of the call will livestream on the agency's website at:

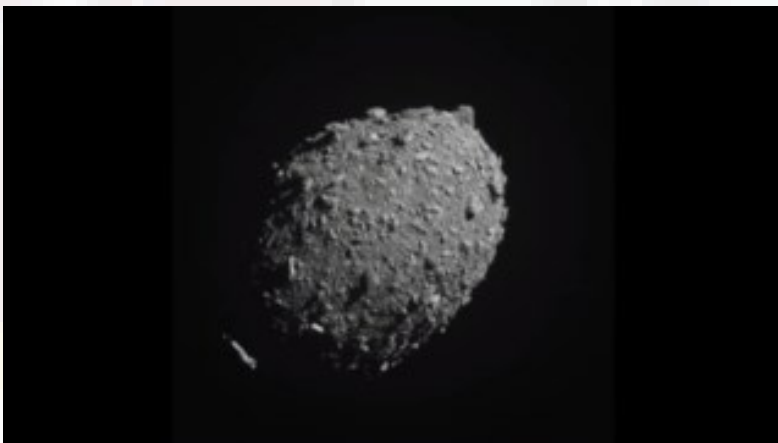
<https://www.nasa.gov/live>

NASA's Orion spacecraft splashed down in the Pacific Ocean, Dec. 11, completing the Artemis I flight test after traveling nearly 270,000 miles from our home planet at its farthest distance – more than 1,000 times farther than where the International Space Station orbits Earth – to intentionally stress systems before flying crew. The mission began with a successful liftoff of NASA's SLS rocket Nov. 16, from Launch Pad 39B at NASA's Kennedy Space Center in Florida.

Artemis I was the first of a series of challenging missions to build a long-term lunar presence for scientific discovery and a steppingstone on the way to Mars. NASA's [Artemis II](#) flight test will carry astronauts aboard Orion around the Moon, and will pave the way for the first human mission to the lunar South Pole on [Artemis III](#).

DART's epic asteroid crash: What NASA has learned 5 months later

We now know that we can knock an asteroid off course.



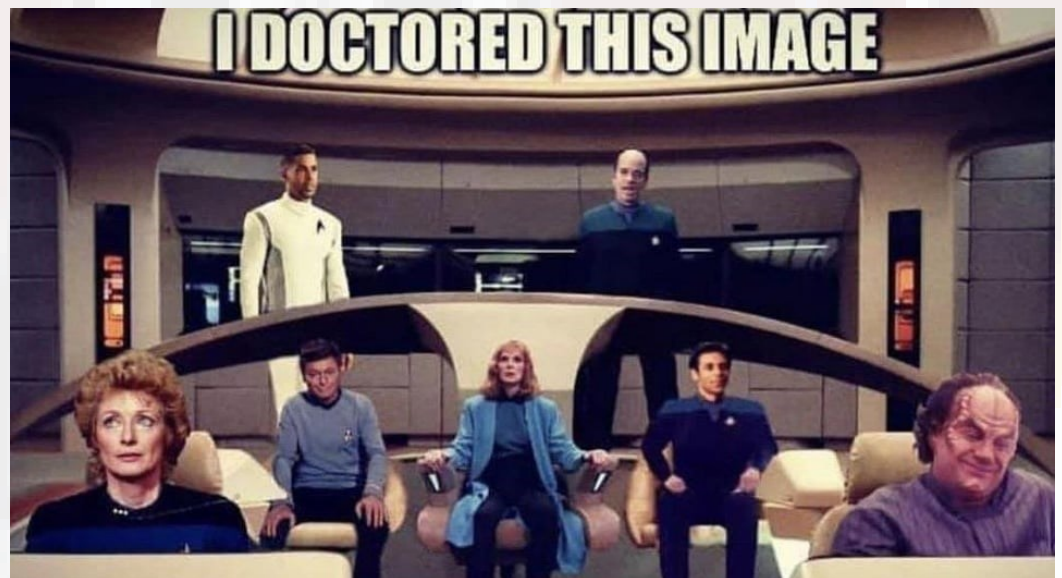
NASA's Double Asteroid Redirection Test (DART) mission had two main goals: to show that an asteroid could be targeted in a high-speed encounter, and to demonstrate that the target's orbit could be changed — a technique astronomers hope to use for planetary defense should a dangerous space rock come our way.

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ONE DOES NOT SIMPLY



**JUST FEED SPOT...YOU MUST PET
HIM, LOVE HIM, TELL HIM HE IS A GOOD CAT**



I WILL FEED HIM!!!

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MARCH

March 12 Sunday
Daylight savings begins



March 17th Friday
St Patrick's Day

March 17th Friday
Event set up
Augusta Richmond County Library
Time 11 :30



March 18th Saturday
The Future Begins Now program
Augusta Richmond County Library
Telfair St
10 am—2pm



Crew Briefing
TBD

Watch your emails for more details on these activities



Sunday April 9th
Easter

Crew Briefing
TBD



**Please watch your emails and Facebook for
online and updates and changes to
activities**

MSR

MSR REPORT : USS Star League

REGION : 1

REPORT FOR : Jan, 2023

DATE SUBMITTED : 02/03/2023

SUBMITTED BY : RADM James Eubanks

LAST MEETING DATE : 01/22/2023

Hailing Frequencies, LAST PUBLISHED : 01/31/2023

ACTIVITIES :

January 13 The Command Staff meet with the Augusta Richmond County Library to further discuss the upcoming event that we are co-sponsoring in March. Distributed flyers and bookmarks at several locations of our upcoming "The Future Begins Now" program, we also continued to expand presenters and invitation list. Fleet and regional invitations pending.

January 22 Meet at Mi Rancho's for Captain's Table followed by Crew Briefing CO & XO submitted the annual Regional Awards based on crew's input.

Thanks to the crewmembers who made recommendations, provided input and assisted with the essay portions of the awards.

Continued collecting used glasses for upcoming Lions Club donation.

XO assisted several members with promotion requests.

COMMENTS :

Updated social media and published newsletter.

Sun, Apr 9, 2023

Wishing you all a Happy Easter!!



This is a fan newsletter and is for information and to entertain and no copyright infringement is Intended.